

LIL BALLERS AGES 4-5

- ★ Secure and fun learning environment
- ★ Develop hand eye coordination
- ★ Develop motor skills
- ★ Develop confidence and positive self esteem
- ★ Fun games to learn fundamental movements

JR BALLERS AGES 6-7

- ★ Have fun learn to love the game
- ★ Basic basketball fundamentals
- ★ Fun games that teach basketball skills
- ★ Modified games 1 vs 1, 2 vs 2, 3 vs 3
- ★ Making decisions (should I shoot, pass dribble?)



RIMS WILL BE LOWER FOR PLAYERS TO FOCUS ON PROPER TECHNIQUE AND FORM. ONCE YOUR PLAYER DEVELOP'S WE WILL MOVE THEM TO REGULATION SIZE BASKETS.

FALL SESSION 1 (INCLUDES 4 SESSIONS)

SEPT 29TH, OCT 5TH, OCT 12TH, OCT 19TH | 1PM - 2PM

HAYFIELD HS 7630 TELEGRAPH RD.

ALEXANDRIA, VA 22315

NOTE: TUITION COVERS ALL 4 DATES

REGISTER AT [SHOTSUPBASKETBALL.COM](http://shotsupbasketball.com)

FOR MORE INFO CONTACT CHRIS WOODHALL

☎ 571-265-4961

📘 [shotsupbasketball](https://www.facebook.com/shotsupbasketball)

✉ chris@shotsupbasketball.com

📷 [shotsupbball](https://www.instagram.com/shotsupbball)