# BOYS AND GIRLS

# CO-ED

**Shooting Machine Training** 

## **TUESDAY & THURSDAY**

4:00-5:00 PM

Shooting Machine Training Affords Boys And Girls In Grades 4 Through 12 Multiple Opportunities For Shooting Progression Drills At Various Ranges To Improve Form And Technique.

Our Focus Is To Combining Shooting, Ball Handling, Conditioning, And Agility To Replicate Game Intensity, Speed, And Action.

Players Will Identify And Prioritize Areas To Improve And Expand Their Game

### PRICES

\$140 MONTHLY/4 SESSIONS/1 PER WEEK \$240 MONTHLY/8 SESSIONS/2 PER WEEK

#### **REGISTER AT**

WWW.SHOTSUPBASKETBALL.COM/COED-SHOOTING-TRAINING-REGISTRATION
FOR MORE INFO CONTACT CHRIS WOODHALL

**571-265-4961** 

⋉ chris@shotsupbasketball.com

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